

**COMMUNITY HEALTH SERVICES**

<b>Allied Health Assistant</b>	Mondays, Tuesdays, Wednesdays and Thursdays.	Emma Anthony, 5159 0100
<b>Chronic Disease Management</b>	Monday, Wednesday and Thursday.	Annie Kissane, 5159 0140
<b>Diabetes Educator</b>	1 <sup>st</sup> Tuesday of the Month.	Anne O'Brien, 5159 0100
<b>District Nursing</b>	Tuesday and Friday.	ODH Reception, 5159 0100
<b>Health Promotion Worker</b>	Monday, Tuesday, Wednesday and Thursday.	Lou-anne Mooney, 5159 0100
<b>Home and Community Care</b>	Monday, Tuesday, Wednesday, Thursday and Friday.	Nola Boucher, 5159 0100
<b>Occupational Therapy</b>	Monday, Wednesday, Thursday and Friday.	Marijs Last, 5159 0100
<b>Social Worker</b>	Monday, Tuesday and Thursday at Omeo District Health. Wednesdays 10am-4pm Swifts Creek Bush Nurse Centre.	Bill Newcomen, 5159 0100
<b>Youth Worker</b>	Monday and Tuesday.	Carla Hall, 5159 0100
<b>Physiotherapist</b>	Mondays and Tuesdays at Omeo District Health. Monday Fortnightly at the Swifts Creek Bush Nurse Centre.	Jill Hill, 5159 0100
<b>Dietician</b>	Quarterly. Next Visit: Monday 7 <sup>th</sup> December.	Visiting Specialist: Nicole Creaser. ODH Reception, 5159 0100
<b>Dental</b>	Public: TBC. Private: 1 week per month. Contact Dental Reception for appointment times/dates.	ODH Dental Clinic, 5159 0128
<b>Foot Care</b>	Next Visit: Monday 7 <sup>th</sup> December at Omeo District Health. Monday 25 <sup>th</sup> January Swifts Creek (am) & Ensay (pm).	ODH Reception, 5159 0100 SCBNC, 5159 4210 Ensay BNC, 5157 3215
<b>Podiatrist</b>	Next Visit: Monday 14 <sup>th</sup> January.	Visiting Specialist: Steve Learhinan. ODH Reception 5159 0100.
<b>Speech Pathologist</b>	Fortnightly, Tuesday/Wednesday. Next Visit: Tues 24 Nov, Wed 25 Nov.	Visiting Specialist: Toni Seiler. ODH Reception 5159 0100
<b>Psychologist</b>	Fortnightly. Commencing 5 <sup>th</sup> November. Thursday 5pm-8pm. Friday 8am-12pm at Omeo District Health. Friday 1pm-4pm at Swifts Creek Bush Nurse Centre.	Visiting Specialist: Jeff Forsyth Omeo Medical Centre 5159 0140 or ODH Social Worker 5159 0136
<b>Dental Prosthetist</b>	Next Visit: Monday 14 <sup>th</sup> December.	Visiting Specialist: Steve McRae. ODH Dental Clinic, 5159 0128

**VISITING SERVICES**

<b>Continance Nurse</b>	Next Visit: TBC.	BRHS, 5152 0222.
<b>Maternal &amp; Child Health Nurse</b>	Next Visit: Wednesday 23 <sup>rd</sup> December.	GLCH, Caroline Paton, 0428 699 566
<b>Optometrist</b>	1 <sup>st</sup> Friday of the month. Next Visit: Friday 4 <sup>th</sup> December.	Dyson and Long, 5152 1668

**PROGRAMS- Contact ODH on 5159 0100 for details**

<b>Community Gym Omeo &amp; Swifts Creek</b>	Omeo: 6am-8pm DAILY. Swifts Creek: 6am-11am and. 4-8pm DAILY.
<b>Gym Classes</b>	A group fitness class is available 5pm Wednesdays at Swifts Creek.
<b>Gentle Exercise Classes</b>	Tuesday Benambra 9.30am and Swifts Creek 11am, Wednesdays Omeo 11am.
<b>Planned Activity Group (PAG)</b>	Tuesdays. 11am start. Flexible venues and outings.
<b>Kindy Gym</b>	Thursdays, 9am. Frosty McCoy Grand Stand, Omeo Rec Reserve.
<b>High Country Men's Shed</b>	Tuesdays & Thursdays, 10am-2pm. 110 Bilton St Omeo, Behind CFA Station Omeo

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<b>Omeo District Health Reception</b>	5159 0100	<b>Swifts Creek Bush Nursing Centre</b>	Sue Carroll	5159 4210
<b>Omeo District Health Dental</b>	5159 0128	<b>Ensay Bush Nursing Centre</b>	Therese Burke/Carolyn Phillips	5157 3215
<b>Omeo Medical Centre</b>	5159 0140	<b>Community Centre Swifts Creek</b>	Murray Kibble	5159 4477
<b>Urgent Care (Emergency)</b>	5159 0100	<b>Benambra Neighbourhood House</b>	Kate Faithfull	5159 9208