

## Community update #1

# OMEEO REGION HEALTHY FOOD FUTURES PROJECT



### About the Project

In 2014, Omeo District Health together with the East Gippsland Primary Care Partnership completed a community food consultation. This consultation reviewed current information about the access, use and supply of food in the Omeo Region as well as the experience of local consumers and food providers.

This consultation identified that a localised community based approach was needed to improve the consumption of and access to healthy food, and to create a more supported and connected food system within the Omeo Region.

In January 2015 Omeo District Health established a local food network that would be responsible for creating and delivering an action plan to address food access and healthy food consumption in the Omeo Region.

The network, known as the Omeo Region Food Network, is a group of representatives from across a range of sectors including local government, health services, food providers and consumers.

The project action plan for 2015-2018 will focus on the following areas:

- Improving knowledge and skills related to food use;
- Improving access to healthy foods locally; and
- Developing health promoting settings within the community.

The first year of the project will work on setting up a variety of community activities that promote access to and use of home grown/made produce. The project for 2016 will also work on building on opportunities that will help identify, promote and connect local food providers and consumers to local food across the region and across East Gippsland.

### Our Identity:

*GROW.SHARE.CREATE.* Omeo Region Healthy Food Futures is a symbol that represents the key values of the project. It represents the range of organisations and members of the food network working together in a united approach to improve the local food system. The logo will also be used to identify and brand the work of the project.

### Launch

The official launch of the project is scheduled for Saturday 20<sup>th</sup> February 2016, 10am - 12noon, at the Albion Hotel, Swifts Creek. Everyone is welcome.

The launch will also see the trial of the first community harvest exchange along with information about other project activities.

If you have any feedback or would like any more information about this project or the Omeo Region Food Network please contact the project coordinator:

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The full community food consultation report can be found at: <http://odh.net.au/> under 'reports/documents'.